

Final Qualifier for SA Raw Champs



(everybody welcome – all lifters must be SAPF affiliated)

Date : Saturday 25th February 2017
Venue : **School of Strength**, 3 Adele Place, Hurlingham Ext 5
Directions : Turn into Republic Road from William Nicol.
1st left into Waggon Rd.
Continue on Waggon Rd until the first stop street (T junction).
Turn left into Adele Place.
School of Strength is the third driveway on the right (panhandle).
Park on the open field across the road.

Competition: **Raw Powerlifting**

Weigh-in : 10h00

Lifting starts : 12h00

Entry fee : R250 per lifter. Pay on the day.

Send entry forms to Rodney - 082 898 7706. rodanthony29@gmail.com

Lifters must be SAPF affiliated to enter. Non-registered lifters must affiliate for 2017.

Lifter Details:

Name: _____	Surname : _____
Birthdate: _____	Subjunior <input type="checkbox"/> Junior <input type="checkbox"/> Senior <input type="checkbox"/>
Weight Class : _____	M1 <input type="checkbox"/> M2 <input type="checkbox"/> M3 <input type="checkbox"/> M4 <input type="checkbox"/>
Affiliated (Y/N): _____	Male <input type="checkbox"/> Female <input type="checkbox"/>
Club : _____	Cell no: _____

This event is a qualifying competition for the 2017 SA Powerlifting Championships, which will be held on 16-19 March 2017.